



PROTECT YOURSELF FROM CHEMICAL EXPOSURE IN NAIL SALONS

SafeWork NSW is here to help you stay safe when using nail products.

This self-assessment tool is to help you find out if you are working safely with chemicals and protecting yourself from chemical exposure.

If you suffer headaches, eye, skin or nose irritations after using chemicals (nail products), you have not used them safely. For regular users, like yourself, these chemicals can cause serious problems such as skin damage, respiratory and nervous system illness, or organ damage.

SELF-ASSESSMENT TOOL FOR WORKERS

Take necessary action to make sure all boxes are ticked as boxes that are unticked may indicate unsafe work practices. If you are unsure, talk to your manager or give us a call on 13 10 50.

YOUR WORKSTATION

Keep chemicals (nail products) in small-sized, properly labelled containers at the work table.

Keep the top of ventilated tables or other vents clear of any obstruction (for example towels).

Keep chemical (nail product) containers closed when not in use.

Turn off heaters with naked flames during acrylic and gel nail services as it may cause fires.

Use and keep a metal waste bin with a self-closing lid in your workstation.

Place chemical (nail product) soaked materials (for example cotton pads) in a sealed container before disposing of it in covered waste bin.

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Dispose of all waste properly.

Clean 'catch basin' weekly or more frequently as required.

Know you should **NOT** eat, drink, or store food at the work table.

KNOW HOW TO USE, HANDLE AND STORE CHEMICALS (NAIL PRODUCTS)

Attend work, health and safety training provided by your nail salon.

Read and understand the content of labels on chemical containers, in particular, the hazard word and pictograms.

Read and understand the content of Safety Data Sheet (SDS) for each chemical (nail product) used, in particular:

- Section 2: Hazards Identification.
- Section 4: First Aid Measures.
- Section 7: Handling and Storage.

Know where to find SDS of each chemical in the nail salon.

Know how to use the chemicals (nail products) safely and protect yourself from its dangers.

PROTECT YOURSELF

Wash your hands:

- Before and after working on customers nails with chemicals.
- Before eating and drinking.
- After handling chemicals (nail products).

Wear long sleeved shirts and pants to protect skin from acrylic dust.

Wear spectacles. **DO NOT** wear contact lens as nail dust and chemical vapours can get into the eyes.

Wear a mask, gloves and protective eyewear if recommended in the SDS, when handling larger quantities of chemicals (nail products).

Report any injury or symptoms of illness at work to your supervisor.

If you suffer ANY discomfort after work such as rashes or itchiness or if there are visible signs of sensitivity or allergic reaction to a chemical (nail product), discontinue use immediately.

If you need assistance and advice from us, please contact 13 10 50.

We are here to help you.

Disclaimer

This publication may contain information about the regulation and enforcement of work health and safety in NSW. It may include some of your obligations under some of the legislation that SafeWork NSW administers. To ensure you comply with your legal obligations you must refer to the appropriate legislation.

Information on the latest laws can be checked by visiting the NSW legislation website www.legislation.nsw.gov.au

This publication does not represent a comprehensive statement of the law as it applies to particular problems or to individuals or as a substitute for legal advice. You should seek independent legal advice if you need assistance on the application of the law to your situation.

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