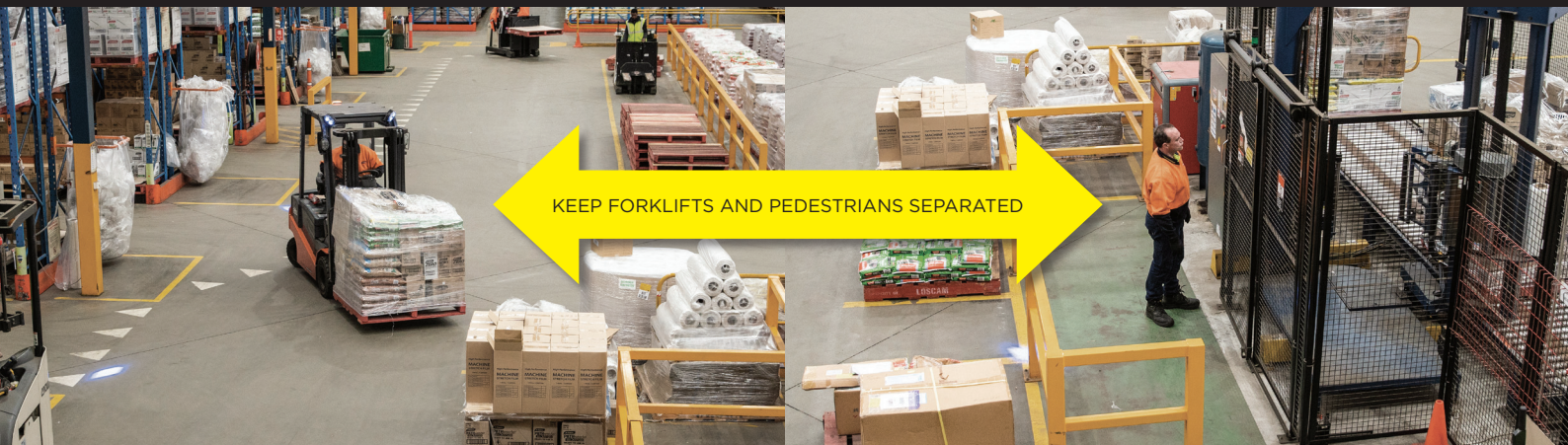


# FORKLIFT SAFETY STARTS WITH YOU.

## GUIDE FOR PEOPLE WORKING NEAR FORKLIFTS



If you work near forklifts, this guide will help keep you safe.

### KEEP YOUR DISTANCE

Fully loaded, a standard forklift and its load can have a combined weight of five or more tonnes.

If you work near forklifts, you are equally at risk from being killed or seriously injured through being hit or crushed by the forklift itself or being hit or crushed by the load the forklift is moving.

You are most at risk of being hit by a forklift or its load if you are:

- Walking alongside it
- Picking stock off a nearby shelf
- Walking in between it and a delivery vehicle
- Stepping in to its path, or
- Assisting with loading/unloading.

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### WHAT YOU CAN DO:

- Always keep a safe distance
- Stay on pedestrian pathways and/or safety zones
- Be aware that a forklift operators' field of vision is obscured by the mast and load – don't assume they have seen you
- Never approach a moving forklift to speak with the operator. Wait for the forklift to stop and the operator to acknowledge your presence before approaching
- Establish eye contact with the forklift operator before crossing an aisle
- Don't assist in loading or unloading unless you have been trained and authorised to do so
- Give way to moving vehicles, including forklifts
- Don't use your mobile or headphones
- Wear a forklift-to-worker proximity warning device, if available
- Wear high visibility clothing and other appropriate personal protection equipment (PPE).

Always follow the site safety rules, traffic management plan and safety instructions from your employer.

**For more information on forklift safety see [safework.nsw.gov.au](http://safework.nsw.gov.au) or call 13 10 50**



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**NO MATTER WHAT YOU DO,  
SAFETY STARTS WITH YOU.**

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