



Exposure to workplace hazardous noise can cause permanent hearing loss, which destroys your ability to hear clearly.

It makes it more difficult for you to hear important sounds at work, like verbal instructions and warning signals.

Protect your hearing by considering the following:

ELIMINATE

Minimise the risk.

Have you got the right machine for the job?

SUBSTITUTE

Consider buying quieter equipment. Is there another way to do the job?

ISOLATE

Isolate the source of the noise by enclosing it or distancing it from workers.

ENGINEER

Reduce noise levels at the source. For example, change speeds, turn down the volume, fit silencers.

ADMINISTRATIVE CONTROLS

Reduce exposure times.
Restrict or limit access
to noisy areas.

PPE

Is the right type and level of hearing protection being used? Only use PPE as a last resort to manage residual noise.









Review

Raise your noise safety concerns with:

