

Safer work, safer care

Prioritise health and safety to provide better care

**Employers must control
the risks of psychosocial
hazards at work**

Psychosocial hazards are common in the health care sector and can include:

- role overload
- low job control
- remote or isolated work
- bullying
- conflict or poor workplace relationships
- workplace violence



If you have safety concerns in your workplace you can talk to your:

- Manager;
- Health and Safety Representative; or
- Union

If you are worried about raising a health and safety concern you can:

- Call SafeWork NSW on 13 10 50
- Complete the psychosocial hazards request for service form on the SafeWork NSW website.

**The work health and safety laws protect you against
discrimination for raising a health and safety concern.**



For more information,
see **mentalhealthatwork.
nsw.gov.au** to learn more
about how to create a
mentally healthy workplace.