

Safer work, safer care

Prioritise health and safety to provide better care



Employers must control the risks of psychosocial hazards at work

Psychosocial hazards are common in the health care sector and can include:

- role overload
- low job control
- remote or isolated work
- bullying
- conflict or poor workplace relationships
- workplace violence

If you have safety concerns in your workplace you can talk to your:

- Manager;
- Health and Safety Representative; or
- Union

If you are worried about raising a health and safety concern you can:

- Call SafeWork NSW on 13 10 50
- Complete the psychosocial hazards request for service form on the SafeWork NSW website.

The work health and safety laws protect you against discrimination for raising a health and safety concern.



For more information, see [mentalhealthatwork.nsw.gov.au](https://www.mentalhealthatwork.nsw.gov.au) to learn more about how to create a mentally healthy workplace.