PERforM - PARTICIPATIVE ERGONOMICS FOR MANUAL TASKS PROGRAM

FREQUENTLY ASKED QUESTIONS

Reducing the risk of musculoskeletal injury through worker participation

WHAT ARE THE BENEFITS OF PERforM FOR YOUR ORGANISATION?
- better control of manual task risks
- legislative compliance
- improvements in productivity
- improved worker knowledge about manual tasks risks management.

WHO PROVIDES THE TRAINING?
SafeWork NSW will provide free ‘Train the trainer’ workshops. We recommended one or two nominated people attend a workshop prior to implementing PERforM at your workplace. Workshop attendees will:
- receive guidance on how to implement the PERforM program in the workplace
- practice using the PERforM risk assessment tool
- receive all of the PERforM resources.

WHAT IS PERforM?
PERforM is a simple hazardous manual task risk management program, internationally recommended for reducing work related musculoskeletal disorders.

PERforM helps workplaces involve their workers in solving manual tasks problems.

WHO DEVELOPED PERforM?
PERforM was developed jointly by: Workplace Health and Safety Queensland (WHSQ), the University of Queensland and Curtin University of Technology.

WHO HAS USED PERforM?
PERforM has been used in a range of industries including mining, civil and commercial construction, manufacturing and wholesaling, aged care and food processing.

WHAT DOES PERforM COST?
SafeWork NSW will provide all the resource materials and training for the PERforM workplace trainer, and some ongoing support at no cost to the organisation. The organisation provides their own people to be trained, and the budget to implement solutions for the manual task problems identified.

WOULD YOU LIKE MORE INFORMATION?
Visit safework.nsw.gov.au to view the PERforM program resources or you can contact us on 13 10 50 or email us at msd@safework.nsw.gov.au.

Disclaimer
This publication may contain information about the regulation and enforcement of work health and safety in NSW. It may include some of your obligations under some of the legislation that SafeWork NSW administers. To ensure you comply with your legal obligations you must refer to the appropriate legislation.

Information on the latest laws can be checked by visiting the NSW legislation website www.legislation.nsw.gov.au

This publication does not represent a comprehensive statement of the law as it applies to particular problems or to individuals or as a substitute for legal advice. You should seek independent legal advice if you need assistance on the application of the law to your situation.

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