

Safer work, safer care

# Prioritise health and safety to provide better care

**Employers must control the risks of psychosocial hazards at work**

Psychosocial hazards are common in the health care sector and can include:

- role overload
- low job control
- remote or isolated work
- bullying
- conflict or poor workplace relationships
- workplace violence

**If you have safety concerns in your workplace you can talk to your:**

- Manager;
- Health and Safety Representative; or
- Union

**If you are worried about raising a health and safety concern you can:**

- Call SafeWork NSW on 13 10 50
- Complete the psychosocial hazards request for service form on the SafeWork NSW website.

**The work health and safety laws protect you against discrimination for raising a health and safety concern.**



**For more information,** see [mentalhealthatwork.nsw.gov.au](https://www.mentalhealthatwork.nsw.gov.au) to learn more about how to create a mentally healthy workplace.